

ORAL EROTICISM

Authored by
Mohammed looti

September 29, 2025

RECOMMENDED CITATION

Mohammed looti (2025). *ORAL EROTICISM*. Encyclopedia of psychology. Retrieved from <https://encyclopedia.arabpsychology.com/?p=10350>

Oral Eroticism: The Role of the Mouth in Sexual Stimulation

The role of the mouth in sexual pleasure has been widely studied since Sigmund Freud first proposed the concept of oral eroticism in 1905 (Freud, 1905). Oral eroticism is a term used to describe the use of the mouth in sexual activities, such as kissing, licking, and sucking. Oral eroticism has been found to be a key factor in providing sexual pleasure for both men and women (Reinisch & Beasley, 1990; Shackelford & Shackelford, 1997). This article will discuss the role of the mouth in providing sexual stimulation, the types of oral activities that can be performed, and the potential psychological and physiological effects of oral eroticism.

Oral activities are activities that involve the use of the mouth in order to provide sexual stimulation. These activities can range from kissing and licking to sucking and biting. Kissing is a popular form of oral eroticism that involves lightly pressing the lips to another person's lips or skin. Licking is another form of oral eroticism that involves using the tongue to lick or caress a partner's lips, skin, or body. Sucking and biting are less common but still popular forms of oral eroticism that involve using the lips and tongue to suck or bite a partner's skin.

Oral eroticism has been found to have both psychological and physiological effects. Psychologically, oral eroticism can lead to an increased sense of intimacy and connection between partners due to the physical contact and stimulation (Reinisch & Beasley, 1990). Physiologically, oral eroticism can lead to increased arousal and pleasure due to the stimulation of nerve endings in the mouth and the release of dopamine and oxytocin (Komisaruk, Whipple, & Komisaruk, 2011).

In conclusion, oral eroticism is an important part of sexual pleasure and can have both psychological and physiological effects. Understanding the role of the mouth in providing sexual stimulation and the types of activities that can be performed can help to enhance pleasure and intimacy between partners.

References

- Freud, S. (1905). Three essays on the theory of sexuality. *S.E.*, 7, 125-245.
- Komisaruk, B. R., Whipple, B., & Komisaruk, C. (2011). The science of orgasms. *Journal of Sexual Medicine*, 8(1), 4-14.
- Reinisch, J. M., & Beasley, R. (1990). *The Kinsey Institute new report on sex*. New York: St. Martin's Press.
- Shackelford, T. K., & Shackelford, V. A. (1997). Oral sex and sexual satisfaction. *Journal of Sex Research*, 34(4), 345-351.